

Patient Exam Preparation Instructions:

Whole Body FDG/ Total Body FDG

If you are pregnant, may be pregnant, or are breastfeeding, contact the University Radiology office where you are scheduled.

Before Your Exam:

- Avoid strenuous exercise for 24 to 48 hours.

Day of Your Exam:

- No gum, candy, cough drops, food or drink (except water) is allowed for 6 hours prior to appointment time.
- Diabetic patients: no insulin and no diabetic meds for 6 hours. If you are on an insulin pump, the setting should be maintained until the start of the PET scan.
- Arrive at least 15 minutes prior to your exam.
- During imaging you will be required to lie flat on your back without moving.
- Wear comfortable clothing for this exam without metal snaps, buttons, or zippers.
- Jewelry and other metallic accessories should be left at home if possible.
- Oral sedative is recommended for Head and Neck pathology indications and for claustrophobic patients. **Please arrange for someone to drive you home after taking the sedative.** The Fentanyl patch may cause severe side effects if used when taking sedatives so it should be removed prior to taking any sedatives.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

PreAuthorization

This exam may require prior authorization from your insurance provider before we can perform the study. Speak with your referring physician's office and/or insurance company to understand your coverage and reduce possible delays.

Questions?

Call **800-758-5545**